



Help a
CHILD

Photo by Isaac Mugoya

5.B Manual Prospective Parenting Practices in the Community Turakura

2024

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Prospective Parenting practices in the community Turakura

By Help a Child, 2024

The Prospective Parent Statements evaluate the functioning of prospective parents in the community and what they need. The Prospective Parent Statements tool can be done with any existing groups/ structures that include youth/prospective parents (e.g. YSHG or other youth groups). It does not necessarily need to be a parenting group. The participants score 1 to 4 per question/ statement (1 = very bad, 2 = bad, 3 = fair, 4 = good). The statements to be discussed with the group are:

Section	Category
Physical	Q1. Prospective Parents in the community feel able to provide their future children with the basic necessities on a daily basis (e.g. daily nutritious food, clean water, shelter and health care).
	Q2. Prospective parents in the community know how to protect their future children child against harm.
	Q3. Prospective parents have the knowledge, skills and opportunities to prevent and respond to childhood illness
Social-Emotional	Q4. Prospective parents in the community know what to do to support their future children when they are sad or scared.
	Q5. Problems are hindering prospective parents in the community to become good parents.
Cognitive	Q6. Prospective parents in the community feel able to send their future children to school.
	Q7. Prospective parents in the community know how to stimulate their future children with school.
Spiritual/moral	Q8. Prospective parents in the community feel able to share positive cultural and spiritual norms and values with their future children.

Network & personal wellbeing	Q9. Prospective parents in the community know where to go to when they need advice on parenting issues.
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Please find the Prospective Parenting Practices in the Community tool and corresponding data form on [our Partner Portal](#).

Q1. Prospective Parents in the community feel able to provide their future children with the basic necessities on a daily basis (e.g. daily nutritious food, clean water, shelter and health care).

Guiding principles/ questions:

1. Do prospective parents feel equipped to generate enough income to cater for their future children?
2. Do prospective parents have knowledge of (the importance of) good hygiene, wash and sanitation practices?
3. Do prospective parents have knowledge and skills to provide healthy and nutritious food to their future children?
4. Is there enough food available all year long?
5. Do prospective parents know where to go to seek timely advice and help in case of sickness of themselves or their future children?
6. What do prospective parents face as barriers to provide their future children with the basic necessities on a daily basis?

Q2. Prospective parents in the community know how to protect their future children child against harm.

Guiding principles/ questions:

1. Do prospective parents have knowledge of (potential) harmful risks that children in the community are facing?
2. Do prospective parents know about children's rights and forms of child abuse?
3. Do prospective parents feel able to protect their future children against harm and to raise them safely?
4. Do prospective parents know where to go to seek advice and help on child protection issues?
5. What do prospective parents face as barriers to protect their future children against harm?



Q3. Prospective Parents have the knowledge, skills and opportunities to prevent and respond to childhood illness.

Guiding principles/ questions:

1. How are the hygiene, water and sanitation practices? Do prospective parents have access to improved sanitation and water? Do prospective parents have knowledge on the importance of good hygiene, water and sanitation practices?
2. Do prospective parents have access to (child) health care, good prenatal, childbirth and postnatal care?
3. Do prospective parents seek timely help for illness?
4. Do prospective parents have knowledge on the importance of immunization and breastfeeding?
5. What do prospective parents see as barriers for preventing and responding to childhood illness?

Q4. Prospective Parents in the community know what to do to support their future children when they are sad or scared.

Guiding principles/ questions:

1. What do prospective parents consider a good response when a child is sad or scared?
2. Do prospective parents feel equipped to support their future children when they are sad or scared?
3. Do prospective parents know where to go to for advice or support?

Q5. Problems are hindering prospective parents in the community to become good parents.

Guiding principles/ questions:

1. How do problems/stress influence prospective parents to become good parents?
2. What do prospective parents see as good parenting?
3. How do prospective parents deal with their problems?
4. How do their problems influence their daily functioning?
5. How are their problems affecting their emotions? Are they easily angry, or can they control their problems/emotions?
6. Do prospective parents ask support of family or a friend when they have problems/feel stressed?



Q6. Prospective Parents in the community feel able to send their future children to school/ an ECD center.

Guiding principles/ questions:

1. Is there an ECD center in the community?
2. (Is there a primary school in the community? And a secondary school?)
3. Do prospective parents feel able to pay the school fees for their future children?
4. How do prospective parents consider the importance of (Early Childhood) Education?
5. What do prospective parents foresee in the future as barriers that may hinder them from sending their future children to school?

Q7. Prospective Parents in the community know how to stimulate their future children with school.

Guiding principles/ questions:

1. Do prospective parents feel able to help their future children with schoolwork? (Do they think they have enough time and enough knowledge?)
2. What do prospective parents see as reasons for low school performance and/or drop-out of children from school?
3. What do prospective parents see as good ways to stimulate children with school?
4. What do prospective parents see as solutions to prevent school drop-out of their future children?



Q8. Prospective Parents in the community feel able to share positive cultural and spiritual norms and values with their future children.

Guiding principles/ questions:

1. Which cultural norms and values do prospective parents find important to share with their future children?
2. Which spiritual norms and values do prospective parents find important to share with their future children?
3. Which cultural or spiritual norms and values do prospective parents find harmful and therefore don't want to transfer to their children?
4. Do prospective parents feel free to choose how they want to raise their children/what values and norms they share?
5. What do prospective parents foresee in the future as problems that may hinder them from raising their children according to their own norms and values?

Q9. Prospective Parents in the community know where to go to when they need advice on parenting issues.

Guiding principles/ questions:

1. What people in the community can prospective parents go to when they need advice on parenting issues?
2. Do prospective parents experience enough support and acknowledgement for the issues that they face related to starting a family and parenting?
3. What support are they missing?
4. What can make it difficult for prospective parents to ask for help on parenting issues?



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