## 5.6 Ten Seeds

**Purpose:** Measure the percentage of the target group that has experienced change (for example, percentage that has adopted the new type of seed, birth control and the type of birth control adopted) or percentage of target group that apply a certain practice.

**Participants:** Representatives of groups and or community leaders (10-15 people)

**Duration:** 45 minutes

Materials: can be drawn on the soil using seeds or stones or using flipchart with marker pens

**Process:** A drawing is made either on the ground or on a flipchart of a matrix. At the left side of the chart, the various categories are registered. This can be various types of seed or various answers that can be given. For example, do the community members use birth control or not? What type of birth control is being used?

Use birth control	0
	0 0
Don't use birth	0
control	0 0
	0 0

	Sterilization	Condoms	Pills	Natural planning
Percentage	00	•	000	0000

**Reflection:** Are the numbers a surprise for anyone? Why? What are the reasons for this outcome? What is desirable?